

# FAQ

## SLIMOVITA B - ELIMINATE FLAB

### ■ **WHAT IS SLIMOVITA B?**

SLIMOVITA B is a combination of Food and Medicinal Plant materials prepared in powder form.

### ■ **WHO IS MANUFACTURING SLIMOVITA - B AND WHAT IS REPUTATION OF COMPANY?**

Award Nutraceuticals LLP is a company, situated at Porur, Chennai. It presently manufactures 11 health supplements under the brand name of HOLIN, which are widely used by general public and specific needy people.

### ■ **WHO HAS FORMULATED SLIMOVITA B?**

SLIMOVITA B, a combination of Millets, Lentils and Ayurveda medicinal plants is formulated by highly educated and experienced Diet specialist, Pharmacist and an Ayurveda Medical Practitioner.

### ■ **WHAT IS SLIMOVITA B USED FOR?**

It used as food supplement in general public as well as persons having fatty body, high cholesterol.

### ■ **HOW IS SLIMOVITA B PRODUCED?**

Millets, Lentils, Cereals are mixed as per the formula and to this powder Ayurveda Medicinal plants having fat reducing actions are added.

### ■ **HOW DOES SLIMOVITA B DIFFER FROM OTHER FOOD SUPPLEMENTS AVAILABLE IN MARKET?**

First of all, similar combination of SLIMOVITA B is not available as a dietary supplement in the open market. Further, in open market most of the food supplements are prepared as powder directly from raw materials grown in chemical environment.

Whereas in our preparation Millets, grown in organic farming, are procured and soaked and cleaned. Lentils, pulses and cereals, grown under organic farming are procured and soaked in water filled in mud/clay pots and then they are sprouted in mud pots. These processes are done by using utensils made up of natural materials avoiding plastic etc. for natural components of ingredients to act better in humans.

### ■ **WHAT ARE THE INGREDIENTS INCLUDED IN SLIMOVITA B?**

Important ingredients include Millets: Horse gram, Green gram, Fenugreek, Little millet, Browntop millet, Pearl millet, Foxtail millet, Finger millet, Jowar, Barley, Garlic, Oats, Pumpkin seed, Sabja seed, Red Aval. Ayurveda Medicinal Plants: Amla, Guggul, Purple Nut Sedge, Indian hog plum, Sarasaparilla, Sandalwood, Shatavari, Beheda & Sweet flag.

### ■ **UNDER WHAT CONDITIONS CAN A PERSON CONSUME SLIMOVITA B?**

Primarily this is used as Health supplement to all persons irrespective of age and sex, who are deprived of normal food intake due to any reason medically or non-medically. Persons having malnutrition, low blood content say anaemia, calcium, iron, vitamins deficiency may consume this food supplement. This product provides good protein in people suffering from protein deficiency.

Many of the ingredients of this health supplement contain naturally occurring vitamins and consuming this prevents vitamin deficiency particularly Vita A, B, C and D. Further they contain good Vita E and provide anti-oxidant effect.

It is also very useful in patients suffering from high cholesterol, triglycerides and lipid profile. Further obese persons may take SLIMOVITA B for reducing excess weight and improving their metabolism. SLIMOVITA B is recommended as breakfast for all above said purposes.

### ■ **HOW DOES SLIMOVITA B HELP IN OBESITY PATIENT?**

Due to the presence of high fat contents such as cholesterol, triglycerides make a person obese. Botanicals from Ayurveda, Sabja Seed, Pumpkin Seed, Indian hog plum, Amla, Beheda, Fenugreek, helps maintain normal fat contents in the body. Purple Nut Sedge Sweet flag, Shatavari, Sandal Wood and Sarasaparilla, helps in maintain a slim and

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healthy body. Guggul, Garlic have good role in reducing high cholesterol and triglycerides and reduce obesity.

Therefore, consuming the SLIMOVITA B may help in obesity problems in patients either as a food supplement or additional anti-cholesterol effect.

### ■ DOES ANY REFERENCE TO PROVE IT HAS FERTILITY EFFECT?

Yes, many scientific articles are published in reputed medical journals about these Ayurveda Botanicals' role on menstrual and fertility action.

### ■ IS SLIMOVITA B SUBSTITUTE TO OBESITY PROBLEMS TREATMENT?

No. It is neither a medicine nor additional intervention. It may support to treatment already being undertaken by patients for obese problems.

### ■ DOES SLIMOVITA B PRODUCT REQUIRE MEDICAL SUPERVISION?

No, being a food supplement it may be used safely in high cholesterol or obese problems, however it is recommended to consume after consulting of Dietician or Health adviser to monitor severe health problems.

### ■ WHO ARE THE TARGETED PEOPLE?

SLIMOVITA B may be taken by either sex above 15 years and up to 85 years of age for the purpose to supplement for obesity persons. Persons requiring good nutrition along with normal food intake and who are suffering from obese problems and unable to take normal food due to medical or other reasons can consume this supplement. Further obesity patients desire to have additional benefits may take SLIMOVITA B as food supplement.

### ■ IN YOUR PRODUCT CATALOGUE I FOUND ANOTHER PRODUCT SLIMOVITA D FOR SAME PURPOSE, IF SO WHAT IS DIFFERENCE BETWEEN SLIMOVITA B AND SLIMOVITA D?

We require slightly higher calories during day time for physical activity. Slimovita B is used for daytime purpose since it contains millets, pulses and other ingredients for providing sufficient nutrition and calories during daytime. Slimovita D is recommended at the dinner time because it has lower amounts of nutritional values which are sufficient during night.

### ■ WHAT QUANTITY TO BE TAKEN?

As a food supplement for normal person 40 gm per day or 20 gm two times a day and as a complete food 80 gm per serving, two times a day.

### ■ HOW MUCH SLIMOVITA B IS CONSUMED?

Slimovita B powder shall be taken along with milk, buttermilk or warm water

### ■ HAVE YOU DISPENSED THIS PRODUCT TO GENERAL PUBLIC OBESES PATIENTS?

Yes, this product is already being used by general public as well as obesity patients.

### ■ IS SLIMOVITA B LICENSED?

Yes, we have Centralized FSSAI License.

### ■ ANY PRECAUTIONS TO TAKEN?

Though SLIMOVITA B is safe and has no any adverse effects, in severe obese problems patients shall be monitored regularly by health advisers.

Children below the age of 10 years, pregnant and lactating mothers are advised to avoid this supplement or may take under medical supervision.