

KARR'O VITA

Ingredients

Spouted horse gram, Green gram, Fenugreek, Little millet, Brown top millet, Barnyard millet, Foxtail millet, Kodo millet, Palm Sugar, Barley, Soya bean, Flax seed, Cinnamon, Dry ginger, Ellachi, Carrot, Beetroot, Garlic, Black cumin seeds, Tulasi, Turmeric, Saffron, Khus grass, Wheat Grass, Caper tree bark, Sadhavi, White Leadwort, Bel patra, Kateri, Turkey berry, Indian Kudzu Root, Karanja, Ashwagandha, Castor Root, Kanchanar, Gurmar, Papaya leaf, Gudichi, Custard apple, Guggul, Indian Sarsaparilla, Murva & Sahachara.

Additives: Permitted Flavoring Agents, Benzoates.

Rationale:

Millets, Lentils, cereals etc, strengthen general health, and Botanicals –Tulasi, Turmeric, Asperagus, Vilvam, Cinnamon, karanja, Ashwaganda, Papaya, Guggul having anti-cancer efficiency, KARR'O VITA may be used as supplement to cancer patients, it provides diet and promotes nourishment. KARR'O VITA support in providing relief to cancer patients.

Manufactured By:

Award Nutraceuticals LLP,

Plot No.23A & 24,Krish Complex,1st Floor, Senthil Industrial Estate,Dhiraviyam Nagar, Porur, Chennai -116

Table with 2 columns: Field (Net wt., MRP) and Value (400g, ₹1,800)

Batch No.:

Mfg Date :

Best Before 9 Months From Manufacture

For Feed back / Complaints

+91 94440 87312

E-mail : care@holinovita.in

You Can also buy this Product on: www.holinovita.in

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KARR'O VITA



Onco + Care



Nutrition Made Simple

Transforming Health in Every Direction

Helps build immunity for physical and emotional wellbeing



6 DIMENSIONS

400g



Lets Go Green

“FOOD FOR SPECIAL DIETARY USE”

Food for Cancer Patients

Nutritional Information table with columns: Nutritional Information, Unit, Per serve 25g. Lists various nutrients like Energy, Protein, Carbohydrate, etc.

Direction for use

Oral Consumption Only

Take 80gm powder three times a day, preferably 25gm with 200ml of Milk/Butter milk, Mix it thoroughly to get a homogenous mixture, ensure there are no lumps formed.

Do not consume more than recommended daily usage.

NOT FOR MEDICINAL USE

KARROVITA can be consumed without Medical Supervision & it's not suitable for Pregnant, Nursing and Lactating women or children under 5 years

Storage Instructions

Store the container in dry, cool place in hygienic conditions, away from sunlight. No need for deep freeze

Do not consume if the container is damaged, puffed or there is any leakage

AS PRESENT IN INGREDIENTS

VALEN'O VITA

### Ingredients

**Sprouted** Green gram, Horse gram, Fenugreek, Little Millet, Foxtail Millet, Kodo Millet, Barnyard Millet, Browntop millet, Flax seed, Sesame seed, Soyabean, Barley, Beetroot, Carrot, Dry ginger, Ellachi, Garlic, Goji Berries, Pumpkin seed, Cucumber seed, Sweet potato, Brown sugar, Aloe vera, Ashoka, Castor root, Devadar, Gokshur, Harde whole, Lodhra, Pomagranate, Indian sarsaparilla, Amla, Sarasaparilla, Sappanwood, Punarnava, Sandalwood, Shatavari, Behada, Tailed pepper, Yastimadhu.

### Rationale:

Millets, Lentils, cereals, and Botanicals Pomegranate, Gokshur Sarasaparilla, Aloe vera, Satavari, etc., Strengthens uterus and promotes lactation. VALEN'O VITA helps in providing diet and improves gestation and lactation.

Manufactured By:

### Award Nutraceuticals LLP,

Plot No.23A & 24,Krish Complex,1st Floor,  
Senthil Industrial Estate,Dhiraviyam Nagar,  
Porur, Chennai -116

Net wt. : 400g

MRP : ₹1,500 (Inclusive of all taxes )

Batch No.:

Mfg Date :

Best Before 9 Months From Manufacture

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# VALEN'O VITA



Nutrition Made Simple

Transforming Health in Every Direction

Helps build immunity for physical  
and emotional wellbeing

*Lets Go Green*

"FOOD FOR SPECIAL DIETARY USE"

Food for Infertility in women

Nutritional Information	Unit	Per Serve 25g
ENERGY	kcal	99.50
PROTEIN	gm	3.54
CARBOHYDRATE	gm	17.96
DIETARY FIBRE	gm	3.62
FAT	gm	1.51
SODIUM	mg	33.04
MAGNESIUM	mg	39.11
PHOSPHOROUS	mg	7.73
IRON	mg	5.34
CALCIUM	mg	50.14
POTASSIUM	mg	159.48
IODINE	mg	0.05
ZINC	mg	5.41
SELENIUM	mg	0.07
CHROMIUM	mg	0.24
COPPER	mg	1.65
VITAMIN B12	mcg	0.72
VITAMIN A	IU	121.67
VITAMIN C	mg	0.27
VITAMIN E	IU	917.50
VITAMIN B9	mcg	1.19

### Direction for use

Oral Consumption Only

25gm two times a day, preferably 200ml of Milk/Butter milk/Rice washed water. Mix it thoroughly to get a homogenous mixture, ensure there are no lumps formed.

Do not consume more than recommended daily usage.

NOT FOR MEDICINAL USE

Valenovita can be consumed without Medical supervision, and it is suitable for Pregnant, nursing and lactating women.

### Storage Instructions

Store the container in dry, cool place in hygienic conditions, away from sunlight. No need for deep freeze.

Do not consume if the container is damaged, puffed or there is any leakage.

DIAB'O VITA

Ingredients

**Sprouted** Horse gram, Green gram, Fenugreek, Little Millet, Foxtail Millet, Kodo Millet, Barnyard Millet, Browntop millet, Cinnamon, Flax seed, Sesame seed, Black cumin seed, Barley, Soyabean, Turmeric, Aloe vera, Karela, Jambhu beej, Gudmar, Triphala, Ashwagandha, Shigru, Khushgrass, Bermuda Grass, Purple nut sedge, Nut tree powder, Shatavari, Trikattu, Tulasi & Arjuna.

Rationale:

Millet, Lentils, Cereals and Botanicals-Gurmar, Jambu, Karela, Ekanayagam etc.. Having anti-diabetic effect, DIABOVITA helps in providing diet and improves glucose utilization in diabetic patients.

Manufactured By:

**Award Nutraceuticals LLP,**  
Plot No.23A & 24,Krish Complex,1st Floor,  
Senthil Industrial Estate,Dhiraviyam Nagar,  
Porur, Chennai -116

Net wt. : **400g**

MRP : **₹900** (Inclusive of all taxes )

Batch No.:

Mfg Date :

Best Before 9 Months From Manufacture

For Feed back / Complaints

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# DIAB'O VITA



## Diabetic Care



Nutrition Made Simple

Transforming Health in Every Direction

Helps build immunity for physical  
and emotional wellbeing

*Lets Go Green*

**"FOOD FOR SPECIAL DIETARY USE"**

Food for Diabetes

Nutritional Information	Unit	Per serve 20g
ENERGY	kcal	73.80
PROTEIN	gm	3.34
CARBOHYDRATE	gm	15.11
DIETARY FIBRE	gm	3.46
FAT	gm	1.54
SODIUM	mg	4.67
MAGNESIUM	mg	34.52
PHOSPHOROUS	mg	69.49
IRON	mg	5.03
CALCIUM	mg	57.99
POTASSIUM	mg	95.28
RIBOFLAVIN	mg	0.30
ZINC	mg	4.15
SELENIUM	mg	0.05
CHROMIUM	mg	0.06
COPPER	mg	1.22
VITAMIN B12	mcg	0.41
VITAMIN E	IU	198.57
VITAMIN B6	mg	0.42
VITAMIN B9	mcg	0.94

AS PRESENT IN INGREDIENTS

### Direction for use

Oral Consumption Only

40gm once in a day or 20gm twice in a day, preferably with 200ml of butter Milk/Warm water. Mix it thoroughly to get a homogenous mixture, ensure there are no lumps formed.

Do not consume more than recommended daily usage.

NOT FOR MEDICINAL USE

Diabovita can be consumed without Medical supervision, however Pregnant, nursing and lactating women or children under 5 years, adolescents and elderly shall use as per Health adviser instructions.

### Storage Instructions

Store the container in dry, cool place in hygienic conditions, away from sunlight. No need for deep freeze.

Do not consume if the container is damaged, puffed or there is any leakage.

# FEM'O VITA

## Ingredients

**Sprouted** Horse gram, Green gram, Barnyard millet, Browntop millet, Little millet, Finger millet, Foxtail millet, Badam, Barley, Jowar, Ellachi, Red rice, Flax seed, Sesame seed, Soya bean, Sweet potato, Carrot, Brown sugar, Turmeric, Ashoka, Ashwagandha, Brahmi, Gokshur, Jatamansi, Lodhra, Punarnava, Saffron, Shatavari, Shigru, Yastimadhu.

## Rationale:

Millet, Lentils, Cereals, and Botanicals Aswaganda, Yastimadhu, Satavari, Gokshur, Shigru, Jatamansi, Punarva, Ashoka, Lodhra. Strengthens General Health, And Uterus, It Promotes Normal Menstruation, Improves Blood And General Health. Fem'O'vita Helps In Providing Diet And Women Wellness.

Manufactured By:

## Award Nutraceuticals LLP,

Plot No.23A & 24,Krish Complex,1st Floor, Senthil Industrial Estate,Dhiraviyam Nagar, Porur, Chennai -116

Net wt. : **400g**

MRP : **₹900** (Inclusive of all taxes)

Batch No.:

Mfg Date :

Best Before 9 Months From Manufacture

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# FEM'O VITA



Nutrition Made Simple

Transforming Health in Every Direction

Helps build immunity for physical and emotional wellbeing

*Lets Go Green*

"HEALTH SUPPLEMENT"

Food for Women Wellness

Nutritional Information	Unit	Per serve 20g
ENERGY	kcal	82.80
PROTEIN	gm	2.41
CARBOHYDRATE	gm	15.01
DIETARY FIBRE	gm	3.15
FAT	gm	1.47
SODIUM	mg	9.73
MAGNESIUM	mg	37.16
PHOSPHOROUS	mg	68.75
IRON	mg	3.46
CALCIUM	mg	49.56
POTASSIUM	mg	117.75
PYRIDOXINE	mg	<0.1
IODINE	mg	0.03
ZINC	mg	4.04
COPPER	mg	1.30
VITAMIN B12	mcg	3.55
VITAMIN A	IU	<6.66
VITAMIN E	IU	<2.984
VITAMIN B9	mcg	9.71

AS PRESENT IN INGREDIENTS

## Direction for use

Oral Consumption Only

20gm two times a day, preferably with 200ml of Milk, Butter Milk/ Rice water. Mix it thoroughly to get a homogenous mixture, ensure there are no lumps formed.

Do not consume more than recommended daily usage.

NOT FOR MEDICINAL USE

Femovita can be consumed without Medical supervision, and it is not suitable for Pregnant, nursing and lactating women or children under 5 years.

## Storage Instructions

Store the container in dry, cool place in hygienic conditions, away from sunlight. No need for deep freeze.

Do not consume if the container is damaged, puffed or there is any leakage.